



PLATFORM 27 Rachel Mica Weiss: The Wild Within

Slipping from Nightmare into Fantasy

A twisted concrete slab evokes a recumbent human figure, lifting its torso and bending at the knees, while fiery splashes of pink, black, and orange suggest a geological event. An obsidian stone rides the wave, as if thrown back into the lava from which it formed. Commissioned for deCordova's Sculpture Park, The Wild Within emerged from Rachel Mica Weiss's fascination with historical representations of women by male artists. Weiss responds here specifically to Henry Fuseli's painting The Nightmare (1781), which has puzzled viewers ever since its debut at the Royal Academy of London (Fig. 1).¹ A woman in a white nightgown occupies much of the painting, her toe pointed, arms flung overhead, eyes closed, and mouth ajar. An imp crouches on her stomach while a literal "night mare" pokes its head through some red drapery. The painting gives form to an interpretation of nightmares from the Middle Ages according to which an incubus, or small demon personifying unwanted dreams, descends upon people in their sleep, particularly women.²

Through Weiss's innovative and laborious process of casting concrete, she abstracts Fuseli's composition into a sinuous rectangle and renders the incubus as a rock, recalling the



Fig. 1: Henry Fuseli, *The Nightmare*, 1781, oil on canvas, 40 $\frac{1}{16} \times 50^{\frac{1}{16}}$ in ches (unframed). Detroit Institute of Arts, Founders Society Purchase with funds from Mr. and Mrs. Bert L. Smokler and Mr. and Mrs. Lawrence A. Fleischman. 55.5.A.

holed stones used to ward off nightmares and witches during sleep. While Fuseli depicted a passive woman splayed on her bed, Weiss's variation on the theme wraps and caresses the dream Weiss's project of imbuing this figure with the agency it was previously denied finds a parallel in Paul Tran's 2018 poem, "The Nightmare: Oil on Canvas, Henry Fuseli, 1781:"

Too hot to rest. I toss my arms off the bed. My nightgown wet with sweat. I feel you — a sack of scavenged skulls on my chest — sipping the salt from my breasts. Imp. Incubus, Impulse. You and me like a mare that must be broken in by breaking into. Tamed is

how fire is

by giving itself something to destroy: it destroys itself. But who can determine what's inside another? What is risked When we enter ... Caliper. Forceps. Scalpel. Oculus. Perhaps you're the wilderness that waits within me. Perhaps an other mystery, I open beneath you. Yoked. Harnessed. Paralyzed. At once awake and asleep. I nay. Lknock over the kerosene

lamp. Light of

the rational mind snuffed. Shadow of shadows. Because I can't see. I sense. Your thumb thrumming my mouth. A command. Archangel. Vision of invasion. Insemination. My horse heart beating with vours.3 Tran expresses a world of physical pleasure

Iran expresses a world of physical pleasure and psychological sensation—answering the demon's perverted glare with a fantasy of their own, overriding Fuseli's malevolent scenario with one of reciprocal action.

Tran's dream informs their reality through feelings rather than vision: "Because I can't / see, I sense." Like Fuseli and Tran, Weiss invites her viewers into an allegorical space,

distilling a psychologically loaded concept into elemental forms: steel prism, concrete slab, and jagged rock.

Bending Concrete to Her Will

Weiss's casting process entails physical force, meticulous engineering, and a degree of chance. Weiss refers to her concrete slabs as "Folds," each taking on an emphatic mood and posture: slouching, panting, leaning, and other contortions (Fig. 2). In emulating the pose and proportions of Weiss's body, they could be considered self-portraits, but they remain abstract enough to invite a range of associations.

At ten feet in length, *The Wild Within* is Weiss's largest Fold to date. She worked with a filmic special effects team to construct a rectangular urethane mold and an undulating structure to support it. After packing the mold with two thousand pounds of wet, pigmented concrete, she enlisted foam blocks, wooden scraps, and ratchet straps to force the piece into its final position, leaving her and her assistants sore for days (Fig. 3). After de-molding, Weiss spent hours sanding away shards and clumps to achieve a marble-like finish. By reworking her materials into barely recognizable forms and displaying them on semi-reflective steel plinths, Weiss makes a boulder and hulking slab of concrete appear to float, as if the nightmare

is levitating or magnetically repelled, rather than crouching menacingly.



Fig. 2: Rachel Mica Weiss, *The Exchange*, 2018, cast concrete, marble, pigment, $60 \times 70 \times 13^{1/2}$ inches. Courtesy of the Artist. Photograph by Paula Abreu Pita.

Weiss's interest in the psychology of perception and her marriage of industrial fabrication with artisanal craft echo Minimalist and Post-Minimalist precursors such as Eva Hesse and Richard Serra. The Wild Within rewards viewers for circling it and noticing their body in relation to the sculpture's heft and the towering trees that frame it Weiss veers away from total abstraction. however, folding in subtle revisions to the gendered history of representation.



Fig. 3: Rachel Mica Weiss applying pigment to the urethane master mold in the studio of Visionary Effects, Pittsburgh, 2020. Courtesy of the Artist.

Sensuous Sculpture without Sexualization

It is hard to find examples of nude figurative sculpture in any period that are not idealized and sexualized. Art historian Alex Potts emphasizes, "An ideal nude, whatever its gender, was required at some level to be sensually beautiful. It had to exploit the sensual charge of the naked body."⁴ This is especially true for representations of women by male artists. But what if sculpture could exploit that sensual charge without a clearly defined nude body? The formal elegance of *The Wild Within* plays into conventions of sculptural beauty, from balanced composition to immaculate surfaces. Unlike Fuseli's painting, however, it denies the viewer an anatomically recognizable body. It engenders a type of desire that is aesthetic rather than erotic.

Weiss studied numerous examples of male artists depicting women as captive and available, including the nineteenth-century orientalist fantasy of the odalisque, representing a harem sex worker. In response to the custom of male painters and sculptors sexualizing their sitters' bodies, Weiss obscured potential triggers of sexual desire, such as a defined crotch or breasts. The pronounced abdomens and breasts on sculptures of reclining women by modernists such as Henry Moore contrast sharply with the absence of sexed body parts in *The Wild Within* (Fig. 4).

Weiss's sculpture offers a bold alternative to such precursors as she revises historical codes of gendered representation even while partly working within them. "We can't change the past," she says, "but if I can rescue any of the women sitters from the power dynamics of modeling for a male artist alone



Fig. 4: Henry Moore, Reclining Figure: Right Angles, 1981, bronze, overall: $4\frac{1}{2} \times 7\frac{1}{2} \times 4\frac{1}{4}$ inches. Mount Holyoke College Art Museum, South Hadley, Massachusetts, Gift of Jeffrey H. Loria in honor of Julie Lavin (Class of 1986). Photograph by Laura Shea, 2005.23.3 © The Henry Moore Foundation. All Rights Reserved, DACS 2020 / www.henry-moore.org

in his studio, and return some of her strength to her through a sculpture, I will." After spending time with *The Wild Within*, previous associations one may have held with concrete, steel, and masculinity, or suggestive posing and femininity, start to

seem arbitrary and ideological. Weiss's sculpture reworks the cultural signifiers of gender, offering instead a fresh slate for dreams of a fluid and emancipated reality.

Sam Adams, Koch Curatorial Fellow

ENDNOTES

- 1: Swiss-born British painter Henry Fuseli (1741-1825) was among the most celebrated artists in London from 1777, when he first exhibited at the Royal Academy, until his death in 1825. The Nightmare was an immediate sensation upon its showing in 1782 with reproductions circulating internationally, including one that Sigmund Freud kept in his Vienna office. See Andrei Pop, Antiquity, Theatre, and the Painting of Henry Fuseli (Oxford: Oxford University Press, 2015), 86.
- 2: See John Moffitt, "A Pictorial Counterpart to 'Gothick' Literature: Fuseli's The Nightmare," Mosaic: A Journal for the Interdisciplinary Study of Literature 35.1 (March 2002): 173-196.
- 3: Paul Tran's "The Nightmare: Oil on Canvas, Henry Fuseli, 1781" published in *Poetry* 213.3 (December 2018): 291-292, is reprinted here with Tran's permission. The sculpture's title, *The Wild Within*, is an adaptation of the line, "Perhaps you're / the wilderness / that waits with-/ in me."
- 4: Alex Potts, Flesh and the Ideal: Winckelmann and the Origins of Art History (New Haven and London: Yale University Press, 1994), 114.
- 5: Conversation with the artist, May 28, 2020.

BIOGRAPHY

Rachel Mica Weiss (b. 1986 in Rockville, Maryland) is based in Brooklyn, NY and Pittsburgh, PA. She earned a BA in psychology from Oberlin College in 2008 and an MFA in sculpture from the San Francisco Art Institute in 2012, with additional studies at Village des Arts in Dakar, Senegal, Maryland Institute College of Art, and Haystack Mountain School of Crafts in Deer Isle, ME. Weiss has created public artworks for the US Embassy in Bishkek, Kyrgyzstan; Airbnb, Seattle, WA; and The Pittsburgh International Airport, among other venues. Her work has been the subject of solo exhibitions at Carnegie Mellon University, Pittsburgh, PA; Lux Art Institute, San Diego, CA; LMAK Gallery, New York, NY; Montserrat College of Art, Beverly, MA; Fridman Gallery, New York, NY; and the San Francisco Arts Commission, San Francisco, CA.

RELATED PROGRAMMING

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PLATFORM

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ACKNOWLEDGEMENTS

PLATFORM 27 was generously funded in part by anonymous donor and an Investing in Professional Artists grant from The Heinz Endowments, The Pittsburgh Foundation and the Opportunity Fund. Special thanks to Visionary Effects, Wheaton and Sons, and Pittsburgh Powder Coat for aiding with fabrication. PLATFORM 27 is aligned with the Feminist Art Coalition.

July 2020 - July 2021



An initiative presented in association with the Feminist Art Coalition (FAC)



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